



Kristie Brandt, CNM, NP, MS, DNP

Dr. Brandt is an internationally known teacher, trainer, clinician, and consultant, and directs the Parent-Infant & Child Institute (PICI), a NMT Flagship Site, in Napa, CA that provides clinical services for children age 0-5, consultation for parents and providers, and professional training. In 2002, she founded the Napa Infant-Parent Mental Health Fellowship and directs this renowned program now affiliated with the University of California Davis Extension. She has been a Child Trauma Academy

Fellow since 2006 and is a NMT Mentor. Brandt is an Assistant Clinical Professor of Pediatrics at the University of California Davis School of Medicine, and visiting faculty with the Brazelton Touchpoints Center at Boston Children's Hospital. She is lead editor of the book *"Infant & Early Childhood Mental Health: Core Concepts & Clinical Practice"* (2014, American Psychiatric Publishing) and author of *"Facilitating the Reflective Process: An Introductory Workbook"*.

Brandt is certified in both the Brazelton Neonatal Behavioral Assessment Scale (NBAS) and the Newborn Behavior Observation (NBO), and on the NBO training faculty at the Brazelton Institute Children's Hospital Boston. For 15 years, she worked with Dr. T. Berry Brazelton as one of 3 speakers accompanying him on the National Seminar Series, an educational program for professionals and parents. She is the site coordinator for Napa Valley's Touchpoints Project that has trained over 1,000 providers since 1996. Brandt has been a NCAST Parent-Child Interaction Scales trainer through the University of Washington since 1992, and has trained hundreds of providers in this method for observing and assessing parent-infant interaction.

She was Napa County's Chief Public Health Manager and retired in January 2007 after 25 years overseeing maternal-child health and general public health services in California's Napa Valley. While in this position, she developed and oversaw Napa's Therapeutic Child Care Center (TCCC), the first such center in the country serving high-risk children 0-5 in a full-day, full-year therapeutic program. The TCCC's development was based on Dr. Bruce Perry's NMT concepts and Dr. Berry Brazelton's Touchpoints approach.

Brandt earned her MSN and Doctorate at Case Western Reserve University in Cleveland, Ohio, and completed a post-doctoral Fellowship in Infant-Parent Mental Health. She is an endorsed Infant Mental Health Specialist & Clinical Mentor through MI-AIMH, and endorsed

as an Infant-Family & Early Childhood Mental Health Specialist and Reflective Practice Mentor in California through the CA-CIFECMH. She provides reflective supervision around the U.S. and abroad. Dr. Brandt is also a board certified nurse-midwife and nurse-practitioner. She developed the Mobius Care “Tile & Grout” therapeutic model and trains widely on this approach.

Dr. Brandt has a special interest in adult learning models. In addition, her areas of expertise and research include: clinical use of the NMT Metric, fostering optimal early relationships as a primary public health intervention to support lifelong health and well-being, infant and early childhood mental health, therapeutic interventions to support attachment and regulatory capacities, home visiting models, Touchpoints-based clinical care, postpartum mood disorders, breastfeeding success, premenstrual bio-behavioral variability, and familial breast and ovarian cancer.