



**Yehudis Stokes, RN, MScN**

Yehudis Stokes is currently a PhD student in the School of Nursing at the University of Ottawa, supervised by Drs. Ian Graham and Amanda Vandyk. She completed her Bachelor's of Science in Nursing in 2014 and her Master's of Science in Nursing in 2016, both at the University of Ottawa. Ms. Stokes is a Registered Nurse under the College of Nurses of Ontario and currently works at the Children's Hospital of Eastern Ontario (CHEO) on the Float Team, filling needs on the inpatient medical and mental health units at CHEO. She is also a part of the outpatient dialectical behavior therapy (DBT) team at CHEO, acting as the DBT research coordinator and facilitating DBT outpatient groups for youth and families. She is an active member of the Registered Nurses' Association of Ontario (RNAO), the Nursing Best Practice Research Centre (NBPRC), and the International Society of Traumatic Stress Studies (ISTSS). She is also a member of the board of directors and a crisis line volunteer at the Distress Centre of Ottawa and Region.

Ms. Stokes' research interests broadly encompass furthering our knowledge of developmental trauma and of trauma-informed and – responsive approaches to assessment and care. She also has a particular interest in the use of expressive art therapies in healthcare and in the area of developmental trauma. Her Master's research examined and explored nurses' knowledge and experiences related to trauma-informed care. Yehudis hopes in her PhD research to examine the effectiveness of NMT for various populations of children and youth with histories of developmental insults.